

Family Learning News for Schools

April 2021

Edition 6



What's in Our Newsletter?

- Workshop details.
- Courses for summer
- Contact information



Family
Learning

Lincolnshire
COUNTY COUNCIL
Working for a better future

Keeping Lincolnshire Schools up to date with the latest information from the

We know many families find life a challenge at times and the past year has only added to their difficulties.

Family Learning is for parents who have the most need with a focus on them supporting their children. Through our careful nurturing we help parents, carers and grandparents develop more self-confidence in their own abilities to help their children, providing the opportunity for increased achievement for all.

Our courses are free to deliver and we fund the costs of a member of your school staff to work together with our tutor to deliver sessions tailored for your parents and families.

What are parents saying about Family Learning?

Louise joined us on our 'Fonnix or Phonics?' workshop

As a mum, who is always second guessing herself and by any means not a school teacher, I found lockdown learning and homework sometimes daunting. However, this workshop helped me see a window in the world of supporting my child and to the best of my ability. I was able to understand the way he needed to be taught and learn the way I could do it.

Oliver joined in on some of our workshops:

'I enjoyed the pace and flow of the informative and fun sessions with a variety of friendly and professional tutors. The sessions were highly beneficial, applicable and useful for everyday family learning and activities.'

Dates for your diary

Find out more about Family Learning at one of our open information sessions

For Lincoln and East Lindsey, North Kesteven and West Lindsey join Anita by following this link on **Tuesday 27th April 2pm-3pm**

For Boston, South Holland and South Kesteven, join Kate on

Friday 29th April 10am-11am by following the link



Have you visited our dedicated Family Learning for Schools page on our website at www.2aspire.org.uk/Schools?

It has more information about the benefits of Family Learning for parents and families; details of our courses and reviews from some of our partner schools.

Our 2aspire website is also home to our Adult Skills Learning programme for parents and carers. You will find online and classroom based courses, careers and job information, wellbeing and information for support services for adults aged 19+ at www.2aspire.org.uk

Mix and Match Workshops

If you're not sure how Family Learning will work for you and your parents why not try our one-off workshops? Ideal for encouraging parents to try out our games and activities ready to sign up for one of our longer courses.

Healthy Treats

Here we show parents how easy it is to make simple healthy treats for children with a sweet tooth and sneak in maths and English activities too!

Books aren't Boring!

We show how to bring books to life by creating cartoons, plays, or mini films of favourite books. We'll show you how to get more from the stories we know so well and learn some new skills

Active Maths

Without a worksheet or electronic device in sight we'll play activities and games to get children active whilst practising maths skills. Think treasure hunts, relay races, potions and fun!

Wellbeing Wednesday

This Family Learning workshop shares practical tips and activities to promote well-being, positivity and calmness for the whole family to enjoy together.

Keeping Safe online

So many parts of our life now depend on us being online, searching the internet, playing games, shopping. This workshop will share tips on how to help keep safe online and what parents should let their children know about using the internet.

Total Recall?

Exercise your brain while having fun playing simple memory games. Find out about the benefits it has for a child's concentration and learning skills.

Ask us about our other workshops-

Arts and Crafts, Fonnix or Phonics? Little Gardeners, Money Talk, Tell it Together with Storysacks.



Family
Learning

As summer approaches we often look to plan our courses around the great outdoors. With restrictions and limits to inside space they are an ideal choice.

Grow Your Own

This is a practical and interactive 6-week course for parents/carers and their children. Help them find out how to make their own compost, grow vegetables, fruit flowers or herbs. The perfect course if you have outdoor space that needs some TLC!



Family Fun Outdoors

Help families get ready for the summer holidays with a fun outdoor activities course over 6 weeks. Activities include how to have fun in the garden; playing outdoors - whatever the weather; learn to love nature and how to make the most of their local environment.

Many of our partners are finding Wellbeing and budgeting courses are what families are needing at the moment.

*Very evident within the wider school community that mental health and wellbeing is becoming an increasingly important factor. This course covered many different aspects and supported parents well when it comes to these issues for themselves and their children." **Let's be happy and healthy-Tydd St Mary***

All of our courses are adapted to suit your families needs, our experienced tutors will work with you to plan the course you want to offer.

Be Happy and Healthy

Either a 6 or 12-week course for parents/carers and their children to support their health and wellbeing. It provides parents with games and activities that can be used at home to improve their own and children's health and wellbeing. Through a range of approaches it aims to improve everyday life-skills; healthy habits, positive communication and keeping safe.



Feed Your Family on a Fiver

At a time when budgeting is a priority in many households, this hands-on course explores how to make economical meals, while discovering healthy ways to eat. We share money-saving tips, how to use left-overs to make tasty meals and support parents as they find out what can be found in ready meals.



Interested? Contact one of our project officers to find out more

Kate Maltby covers Boston, South Holland and South Kesteven

07771 638603 kate.matlby@lincolnshire.gov.uk

Anita Pritchard covers Lincoln, East and West Lindsey and North Kesteven

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What's it all about?



Our team of qualified tutors deliver a range of courses in schools across the county. The 2-hour sessions are planned to be flexible, friendly and fun.

If you want your parents and carers to be more engaged, give them ideas of how to support with home learning or help them begin their own personal learning journey then we have a course for you. Our tutor will work with you to plan a Family Learning course that suits your school's needs.

For the first hour our tutor works with the parents to teach activities that support learning, while the link teacher from the school works with their children. During the second hour of joint learning the link teacher leads the interactive teaching with parents and their children, supported by the tutor.



Find out more about what we have to offer at
www.2aspire.org.uk

Family Learning is part of the Adult Skills and Family Learning Service and is delivered out of the Learning Office in Sleaford. Please find below our contact details:

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