# Welcome to the Family Learning School's Newsletter

March 2021

Edition 5

**Keeping Lincolnshire Schools up to date with Family Learning Service news.** 

Family Learning courses that offer parents/carers the opportunity to learn new skills and to support their children's learning in a fun, friendly way.

### What's in Our Newsletter?

- Information session dates.
- Find out more our courses and online workshops.
- Contact information











#### What do other schools say about Family Learning?

"It has become part of the DNA of the school. We deliver sustainability courses in the child's reception year and therefore, due to effective recruitment, are able to recruit and engage parents more readily into the Family English programme when their child enters Year 1.

The Family English course enables us to send key messages regarding specific skills e.g. phonics which facilitates effective learning opportunities at home."

Family English course, The Magdalen CofE/Methodist School

#### Dates for your diary

It was great talking to you at our information sessions to find out how we can support you more.

Talk to Kate or Anita to find out more about how Family Learning will work for you and your parents.

Click here to join the meeting on Wednesday 3rd March 4pm-5pm

or

Click here to join the meeting on Friday 5th March 10am-11am

We look forward to meeting you



In these uncertain times more people are looking to improve their job prospects; learn something new or be more confident in their ability to help their children at school.

Our Adult Learning programme offers support for parents and carer -signpost them to www.2aspire.org.uk to find out what's available online and locally.

Our courses support adults aged 19+ and are delivered by a team of trained professionals, From brick laying to IT; wellbeing to basic first aid, opportunities are available across Lincolnshire and online

We can deliver our courses or workshops online exclusive to your families or why not chat to us about coming into school in the summer term to start your Family Learning journey with us?

#### **Family Fun Outdoors**

Help families get ready for the summer holidays by holding a fun outdoor activities course over 6 weeks. Activities include how to have fun in the garden; playing outdoors - whatever the weather; learn to love nature and how to make the most of the local environment.

#### **Grow Your Own**

This is a practical and interactive 6-week course for parents/carers and their children. Help them find out how to make their own compost, grow vegetables, fruit flowers or herbs. The perfect course if you have outdoor space that needs some TLC!

### Feed Your Family on a Fiver

At a time when budgeting is a high priority in many households, this hands-on course explores how to make economical meals, while discovering healthy ways to eat. We share money-saving tips, how to use left-overs to make tasty meals and support parents as they find out what can be found in ready meals over the 6-week course.



Interested? Call one of our project officers to find out more

**Kate Maltby** covers Boston, South Holland and South Kesteven

07771 638603 kate.matlby@lincolnshire.gov.uk

**Anita Pritchard** covers Lincoln , East and West Lindsey and North Kesteven

07464 980717 anita.pritchard@lincolnshire.gov.uk

Over the half term we had a great time with families across the county on our Family Learning Online Workshops.

We've listened to your feedback about how we can continue to support you and your parents most effectively during term time and are now offering workshops in the evening and at weekends too.

#### **Wellbeing Wednesday**

We all know how difficult this lockdown has been on families. Our Family Learning Wellbeing Wednesday hour will support parents as they learn some practical tips and activities to help promote well-being, and calmness for the whole family.

#### **Active Maths**

This free workshop gives ideas for parents and carers when they need a break from the screen. Our tutor will explain ways in which children can be active whilst learning and practising maths skills as the same time. Think treasure hunts, relay races, potions and all things fun!



#### **Feeding Families on a Budget**

Food shopping is one of the biggest costs we have to budget for. In this hour-long workshop we share tips about saving money and simple ideas of how to keep families healthy.

#### **Books aren't boring!**

Here we show parents how to bring books to life by creating cartoons, plays, or mini films of your families' favourite books.

We'll share some ideas how to help their child get more from the stories they know so well and maybe learn some new skills too!

#### **Family Fun Outdoors**

We show parents how to change that everyday trip to the shops or when taking the dog for a walk into learning opportunities in our Family Fun Outdoors workshop. We share ideas of how to make every day a school day with easy activities they can do together while they're out and about

Our tutors are supporting parents from all over Lincolnshire with our hour long online workshops.

As we move into the next phase of returning to something closer to normal over the next few months we know how important it will be to support your families and are planning courses and workshops with our partner schools ready for the summer term.

Whether it's to re-establish positive relationships or to help parents understand more about how they can support their child with learning at home we can offer workshops or courses exclusive to parents, carers and grandparents at your school.

Get in touch with us to find out more.

#### 2 hours of fun-filled activities for your families.



Our team of qualified tutors deliver a range of courses in schools. The programmes are flexible, friendly and fun. Whether you want to develop parental engagement or meet Ofsted criteria, we can support you and your parents. We will work with you to plan a family learning course that suits your school's needs.



For the first hour our tutor works with the parents to teach activities that support learning, while the link teacher from the school works with their children. During the second hour of joint learning the link tutor leads the interactive teaching with parents and their children, supported by the tutor.



## Find out more about what we have to offer at <a href="https://www.2aspire.org,uk">www.2aspire.org,uk</a>

Family Learning is part of the Adult Skills and Family Learning Service and is delivered out of the Learning Office in Sleaford. Please find below our contact details:

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